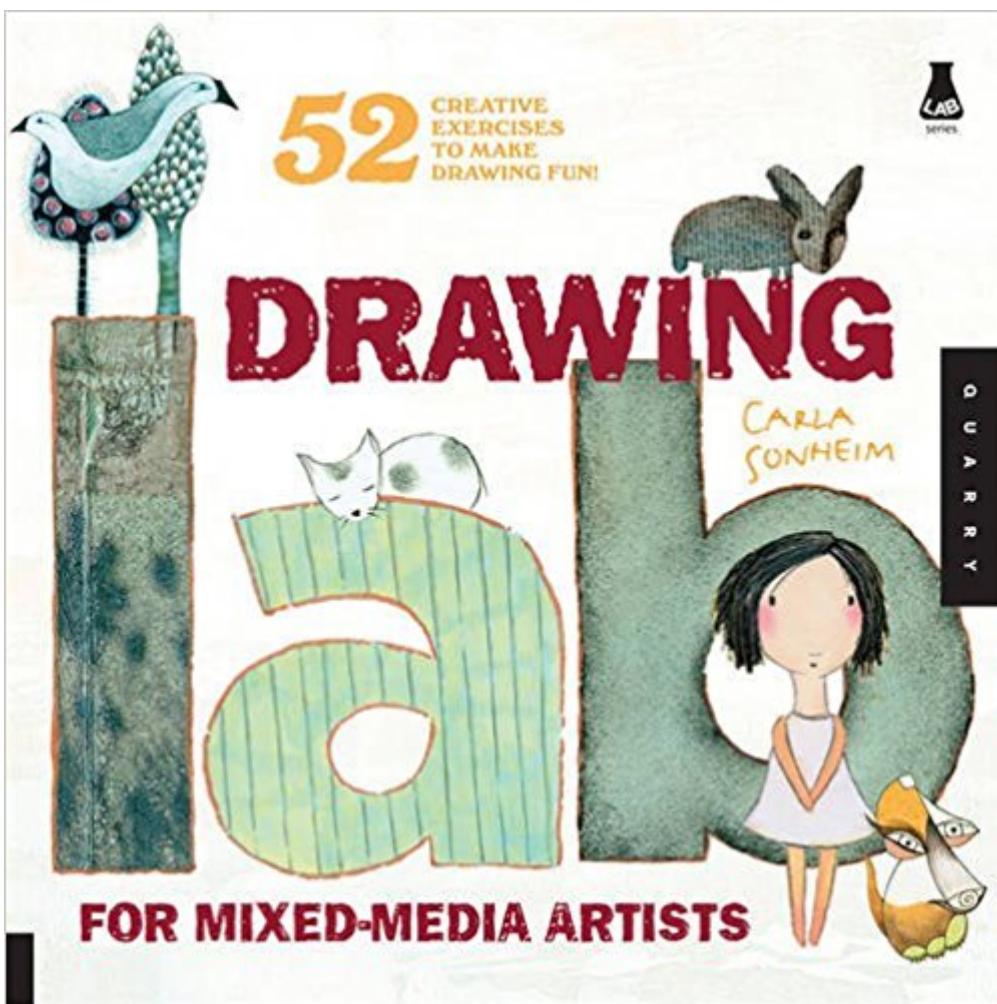


The book was found

# Drawing Lab For Mixed-Media Artists: 52 Creative Exercises To Make Drawing Fun (Lab Series)



## Synopsis

Carla Sonheim is an artist and creativity workshop instructor known for her fun and innovative projects and techniques designed to help adult students recover a more spontaneous, playful approach to creating. Her innovative ideas are now collected and elaborated on in this unique volume. Carla offers a year's worth of assignments, projects, ideas, and techniques that will introduce more creativity and nonsense into your art and life. Drawing Lab for Mixed-Media Artists offers readers a fun way to learn and gain expertise in drawing through experimentation and play. There is no right or wrong result, yet, the readers gain new skills and confidence, allowing them to take their work to a new level.

## Book Information

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## Customer Reviews

Book Review, "Running with Scissors" by Jennifer Ackerman-Haywood, [www.craftgossip.com](http://www.craftgossip.com), July 7, 2010 Reclaim your inner artist If I ever meet Carla Sonheim, I will probably not be able to suppress the urge to hug her for writing "Drawing Lab For Mixed Media Artists: 52 Creative Exercises to Make Drawing Fun". Loaded with a year's worth of inspirational prompts, this book is for all of us creative types who stopped drawing right around the third grade because we decided we weren't talented enough to stick with it. From doodle sketches to paper dolls, this book will renew your confidence and make you want a new sketch book and box of Crayolas. Book review, Cecil Whig, "5 Things to Do This Week", Elton, Maryland, July 26, 2010 "This book might be just what you are

looking for when escaping this summer—â,çs inexorable heat. The projects and techniques are designed to help adults recover a more spontaneous, playful approach to creating. Find a ton of projects, ideas and techniques that will increase confidence and improve skills.Ã¢ –Â•Ã  Ã  Ã  Ã

Carla SonheimÃ  Ã  is an illustrator and creativity workshop instructor known for her fun and innovative projects and techniques designed to help adult students recover a more child-like play approach to creating. One student recently said, "[Being in your workshop] is like being a kid again, but we get to do it as an adult."Ã  Ã  Carla is the author of three books: "The Art of Silliness: A Creativity Book for Everyone" (Perigee Books), "Drawing and Painting Imaginary Animals: A Mixed-Media Workshop" (Quarry) and "Drawing Lab for Mixed-Media Artists" (Quarry), which has sold over 40,000 copies.Ã  Ã  She currently resides in Seattle, WA where she holds numerous online workshops. Visit her online at [carlasonheim.com](http://carlasonheim.com) and [carlasonheim.wordpress.com](http://carlasonheim.wordpress.com).

I got three of the books in the series and they are all very good. The layout is engaging, the projects are inspiring but very doable for all ages. The supply lists are included at the beginning of each project and she gives lots of advice and tips to make the project really interesting for children and adults.

I took a class taught by Carla Sonheim in 2007. I LOVED the class as she gives great instruction, pushes you to just try techniques, keeps things moving and yet does so in a relaxed, calm manner. I think I finished 50 drawings in less than 3 hours. I bought this book after looking at it because it included some of the same exercises we had done in class (my favorite ones!) and many more labs that are easy to follow. Whether you have 5 minutes or 5 hours on any given day, there's an exercise in this book that will encourage you to discover your inner drawing talent!

I got my book in the mail today and for someone who doesn't like to draw or doesn't have an art program at school this might be a joy ride for you! After flipping through this month's issue of Martha Stewart Living I opened up my .com box and flipped through this book with no expectations for it at all. With my mind clear with an empty slate being this is my first purchased drawing book I flipped through the pages one by one and read what she wrote for the instructions!! Her words alone inspire you to try the projects that scatter the pages throughout the whole book, and all you have to do is have a pencil, pen, watercolor set or charcoal and you're on your way to a beautiful creation! It's well worth the money, it's like I'm getting my own art class back in one little book it's amazing, it's

inspiring and it will be a whole lot of good fun and you'll be an artist after reading the words on the page.

Great product. Thank you so much!

Like the rest of the world I am crazy busy, distracted, and stressed. I need to get my art back. I am so grateful for this book. It is loaded with lots of fantastic exercises. They help me throw my perfectionist streak aside and just have FUN drawing! I can finally "see" the art in my art. It doesn't matter if it goes in a frame, it doesn't matter if it's not exactly what I thought it should be. What does matter is that I created something and had fun and had an outlet for ME! My drawing is not work, it's not for the kids, it's not about a clean house, making supper, or doing what every working mom does. It's about me. I drew for just 30 minutes today and feel sooooooo good! Thank you Carla Sonheim for guiding me back to myself for just a little of my day. It's wonderful!

I love this book!

I love this book and especially love Carla's quirky drawings!

So far I have only done a few of the creative exercises, but already I can see that as the book's Introduction says "Drawing is Fun" and Carla Sonheim makes it that way. Carla explains each exercise in a very easy to understand language, outlining the materials required and nothing is too daunting, so as you work through the exercises your confidence builds. Today I really enjoyed doing Lab 45 'Drawing out your Passions' which is a mix of writing then lots of cutting out of magazines and making up a collage; really good fun. I am so looking forward to doing some of the other exercises which I have already read through. There is so much packed into this little book I am simply amazed. This is definitely one to be recommended to anyone looking to have fun with art, especially those who feel they need to build up their confidence and learn to loosen up creatively. Thank you Carla.

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